



Orange County Government
Office of the County Executive Steven M. Neuhaus
NEWS RELEASE

For Immediate Release
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Contact: Justin Rodriguez
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MEDIA ADVISORY: Wednesday

****Orange County to kickoff Health Department's "Dining with Heart in Orange County" program at Isla Bella Restaurant****

Who: Orange County Executive Steven M. Neuhaus; Commissioner of Health Dr. Eli Avila and JoAnn Parker, Hudson Valley Corporate Development Director, the American Heart Association.

When: 6 p.m. on Wednesday, January 11.

Where: Isla Bella Restaurant; 505 Schutt Road, Middletown, N.Y.

Why: Isla Bella Restaurant, which specializes in Puerto Rican cuisine, will host the County's "Dining with Heart in Orange County" program kickoff event. The initiative encourages restaurants to add heart healthy items to their menus during February's American Heart Month.

Eateries that participate in the "Dining with Heart in Orange County" program will be listed on the Department of Health's website and be featured in a special e-blast to residents and Healthy Orange partners. They will also receive a special window cling to display in their restaurant window.

Isla Bella will introduce its heart healthy menu items on Wednesday. The restaurant is co-owned by Jose and Kelly Pollock, who is a Registered Dietician. For tips from the American Heart Association about healthy dining, visit www.heart.org/diningout.

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