



Orange County Government  
Office of County Executive Steven M. Neuhaus  
**NEWS RELEASE**

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**Neuhaus celebrates National Nutrition Month with dietitians at  
ShopRite in Vails Gate**

*Campaign focuses attention on importance of making informed food choices and  
remaining physically active*

Goshen, N.Y. – Orange County Executive Steven M. Neuhaus recognized National Nutrition Month with a group of dietitians from ShopRite stores throughout Orange County at ShopRite of Vails Gate on Thursday.

“Eating properly and remaining physically active are crucial to our overall health,” Neuhaus said. “Taking responsibility for our diet plays a large role in our well-being. I appreciate that Shop Rite’s dietitians continue to play such a proactive role in spreading awareness about keeping Orange County residents healthy and physically fit.”

National Nutrition Month is an education and information campaign created by the Academy of Nutrition and Dietetics. The initiative focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits. The 2017 National Nutrition Month theme is “Put Your Best Fork Forward,” which acts as a reminder that each bite counts. Making just small shifts in food choices can add up over time.

ShopRite’s team of dietitians provide free nutrition programs to residents throughout Orange County, including grocery store tours, corporate wellness presentations, individual and family counseling, and associate programs. The

supermarket also assists residents with their diabetic and weight management needs.

“ShopRite’s team of dietitians works year-round to provide valuable resources to our customers in order to guide them along their health and wellness journeys, and National Nutrition Month gives us the opportunity to honor them for their efforts,” said Tom Urtz, vice president of operations, ShopRite Supermarkets Inc. “We take great pride in our commitment to providing health and wellness education, as well as encouragement and inspiration within the local community. We are thrilled that County Executive Neuhaus, who has always been a true partner to ShopRite, could join us for this important initiative.”

For more information, contact Justin Rodriguez, Assistant to the County Executive for Communications and Media Relations at 845.291.3255 or [jrodriguez@orangecountygov.com](mailto:jrodriguez@orangecountygov.com).

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*(From left to right): Tom Urtz, Vice President of Operations, ShopRite Supermarkets Inc.; Ashley Shaw, ShopRite of Vails Gate Registered Dietitian; Annette Cuevas, ShopRite of Middletown and Town of Walkill Registered Dietitian; Carley Baulick, ShopRite of Monroe Registered Dietitian; Gina McAteer, ShopRite of Warwick Registered Dietitian; Rich Hachan, Manager of ShopRite Vails Gate; County Executive Steven M. Neuhaus*